



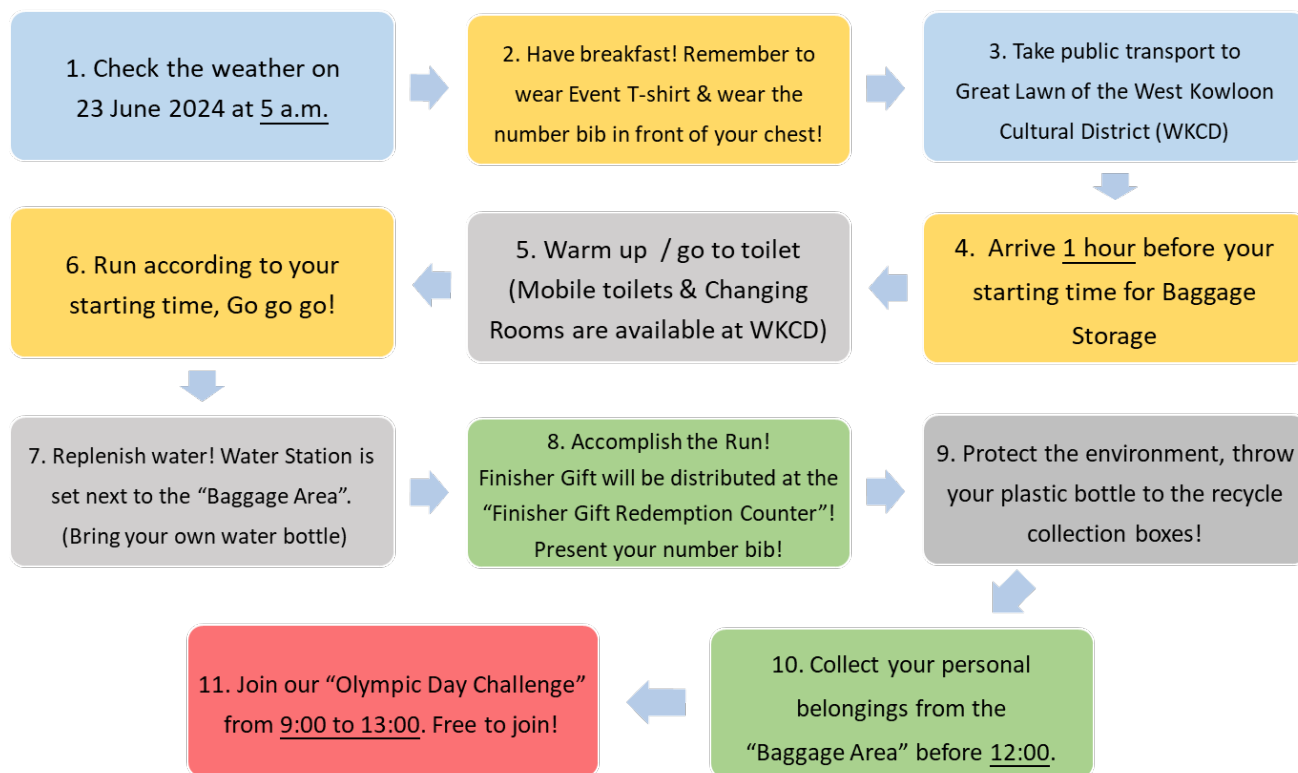
## 2024 Olympic Day – Runners’ Guide

Event Date	2024. 6. 23 (Sunday)
Assembly Venue	Great Lawn, West Kowloon Cultural District (WKCD) (Opening hour of the venue: 06:30-14:30)
Assembly Time	<ul style="list-style-type: none"> <li>• Participants are recommended to arrive <u>1 hour before their designated start time as stated below.</u></li> <li>• For rundown for Participants on Event Day, please see <b>Annex 1.</b></li> </ul>
Starting Time	<ul style="list-style-type: none"> <li>• Individual (5km): 07:30 / 08:15</li> <li>• Individual (3km): 09:00 / 09:30 / 10:00</li> <li>• Family Fun Run (2km): 10:30</li> </ul> <p>Rolling start will be applied in the Event. Participants please follow the instructions of the event officials to the “Waiting Area” according to your designated start time.</p>
Event Ceremony	11:15 Starts
Olympic Day Challenge	<ul style="list-style-type: none"> <li>• Olympic Day Challenge will be set up in the venue <u>from 09:00 to 13:00</u> on a first come first served basis.</li> <li>• Participants will receive a souvenir after completing the challenge, while stocks last. Successful challenger will also be listed on the leaderboard.</li> <li>• At the end of each challenge session, the participants who are listed on the leaderboard will have a chance to win the additional prizes sponsored by Oakley, Hong Kong Disneyland and Ocean Park Hong Kong.</li> <li>• Winners could redeem the prizes after each challenge session with their number bibs. If they cannot redeem the prizes on the event day, they may redeem by presenting the number bibs to the SF&amp;OC Secretariat (2/F, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay) <u>from 2 to 31 July 2024</u> (09:30 – 12:30 &amp; 14:30 – 18:00, except Saturdays, Sundays and Public Holidays). Failure to do so will constitute forfeiture.</li> </ul>

Number Bib & Emergency Contact	<ul style="list-style-type: none"> <li>• Participants are requested to fill in the required information and emergency contact at the back of the number bib with waterproof pen.</li> <li>• Participants should wear their number bibs in front of their chests.</li> <li>• Participants <u>without valid number bibs will be disbarred from participation</u> by the event officials.</li> <li>• Please bring along your number bib on the event date. It will not be reissued if lost.</li> </ul>
How to Get There	<p>Participants can easily access to WKCD by MTR, bus, mini-bus and private car or taxi. Please refer to <a href="https://www.westkowloon.hk/en/transport">https://www.westkowloon.hk/en/transport</a>.</p>
Event Routing	<p>Please refer to <b><u>Annex 2</u></b></p>
Cut-off Time	<ul style="list-style-type: none"> <li>• Individual (5km): 50 Minutes</li> <li>• Individual (3km): 30 Minutes</li> <li>• Family Fun Run (2km): 25 Minutes</li> </ul>
Baggage Storage and Collection	<ul style="list-style-type: none"> <li>• <b><u>The service counter will be opened at 06:30 and closed at 12:00 on the event day.</u></b> As large number of participants are expected to deposit their baggage, please arrive earlier at the “Baggage Area” to avoid missing the start of the run.</li> <li>• Participants should deposit their baggage according to the assigned number on their number bibs.</li> <li>• Participants <u>must use the baggage bag provided by the Organizer</u>, please do not deposit valuable or dangerous item(s). The Organizer will not be responsible for any loss or damage, and runners will be solely accountable for the items they deposit in case of any dispute.</li> <li>• Participants can collect the baggage at the “Baggage Area” right after the Event by presenting the number bib.</li> </ul>
Water Station	<p>Water Station is available near to the “Baggage Area” with self-service water dispenser. Please <u>bring your own water bottle</u> to refill the water on the event day for environment friendly purpose.</p>
Recycling	<p>Recycle bin collection boxes are available at the venue. Please support clean recycling and finish the drinks before putting the plastic bottles into the boxes.</p>
Facilities	<p>Toilets are available in WKCD. Changing tents and mobile toilets are also available in the venue from 06:30 – 12:00. To avoid congestion, please reserve sufficient time for using the facilities.</p>

Health Advice	<p>The weather on the event day may be very hot and humid as it is held in summer. The Organizer suggests all participants to ensure that their physical conditions are suitable for participating in the event. In case you feel unwell during the event, you should immediately approach the event officials in the vicinity for assistance.</p>
Finisher Gift	<ul style="list-style-type: none"> <li>• Participants can collect the Finisher Gift by presenting the number bib on the event day <u>on or before 12:00</u> at the “Finisher Gift Redemption Counter”.</li> <li>• If participant fails to redeem the Finisher Gift on the event day, the Organizer will not re-arrange the redemption.</li> <li>• Participants will receive the E-Certificate from the International Olympic Committee by email on or before 7 July 2024.</li> <li>• Finish time will not be printed on the E-certificate.</li> <li>• The name on the E-certificate is printed according to the enrollment form and no changes will be made.</li> <li>• All E-certificates must be downloaded within three months after the completion of the Event.</li> </ul>
Food & Beverage Discount	<p>A Food &amp; Beverage Discount Redemption Card is included in the Finisher Gift Pack. Participants can enjoy the special offers of the respective restaurants / cafes / shops / food trucks at WKCD. Please click "<a href="#">Catering Discount</a>" for more information</p>
Remarks	<ul style="list-style-type: none"> <li>• If the amber/red/black rainstorm warning and/or tropical cyclone warning signal No. 8 is still in force at <b>05:00</b>, or due to other inclement weather conditions, the event will be cancelled. Notice will be put up at SF&amp;OC website, SF&amp;OC Facebook and Instagram. You may also contact SF&amp;OC at 2504 8560 for any other enquiries. <u>The registration fee will not be refunded</u> if the event is cancelled.</li> <li>• If the Event is cancelled, participants may redeem the Finisher Gift by presenting the number bib at 2/F Foyer, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay <u>from 26 June to 1 July 2024 (10:00 – 18:00)</u> except Saturday, Sunday and Public Holidays. Prizes will be forfeited after the deadline.</li> <li>• If the Event is cancelled due to circumstances beyond the control of the Organizer or withdrawal of participation in the Event by the participants for any personal reason, no refund of the entry fee will be made.</li> <li>• The Organizer reserves the right to amend and interpret the above rules and regulations at any time.</li> </ul>
Event Enquiry	<p>Tel: (852) 2117 1650  Email: <a href="mailto:od@hkolympic.org">od@hkolympic.org</a>  Website: <a href="https://2024od.hkolympic.org/">https://2024od.hkolympic.org/</a></p>

## Annex 1: \*Run-down for Participants on Event Day



**Enjoy the Day!**

*\*Subject to change and please pay attention to the public announcement on event day.*

**Annex 2: Event Routing**

For Individual (5km)



**Annex 2: Event Routing**

For Individual (3km)



**Annex 2: Event Routing**  
 For Family Fun Run (2km)

